

Hunter Business School Program Offerings



NURSE AIDE (NA)

(Levittown & Medford)

Day & Eve Program - 125 Hours (5 wks./1.25 mos.) Diploma Program

This 125-hour Nurse Aide (NA) program includes both 95 hours of classroom instruction and 30-hours of supervised clinical training in a New York State licensed nursing home.

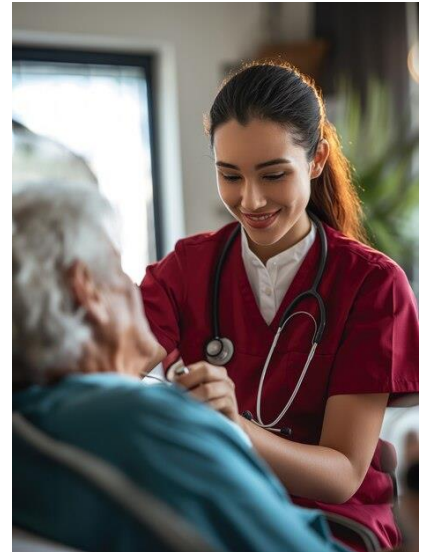
Coursework includes study in the fundamentals of patient care, basic nursing skills, personal care skills, mental health and social service needs, the care of residents with special needs, basic restorative services and more. Students will also learn how to assist patients with daily living tasks, provide basic care services such as bed making, grooming, and taking vital signs.

Upon program completion, a student must take and pass the NYSDOH Certified Nurse Aide Exam to practice upon which a certificate is issued, and the NA is then entered into the New York State Nurse Aide Registry.

NAs work under the supervision of a registered nurse (RN), licensed practical nurse (LPN), physician assistant (PA), nurse practitioner (NP), or medical doctor or other supervisory staff in a health care facility.

The following table displays the NA program's curriculum course-by-course breakdown:

Course #	Course Title	Lecture	Lab	Hours
NA: Unit I	Basics of Being a RHCF NA/Assistant	21	4	25
NA: Unit II	Basic Nursing Skills	6	5	11
NA: Unit III:	Personal Care Skills	20	21.5	41.5
NA: Unit IV	Mental Health & Social Service Needs	2.5	0	2.5
NA: Unit V	Care of Residents with Special Needs	7	0	7
NA: Unit VI	Basic Restorative Services	3	5	8
NA: Unit VII	Internship in a Residential Health Care Facility	0	0	30
	TOTAL			125



COURSE DESCRIPTIONS

Nurse Aide (NA) Program

NA Unit 1: Basics of Being a RHCF NA (25 Hours)

In this course, NA students are introduced to communication and interpersonal skills, infection control, and safety and emergency procedures, including the Heimlich Maneuver. NA students also learn how to promote Residential Health Care Facility (RHCF)/nursing home or home care agency residents their independence, respect residents' rights, maintain care & security of each resident's personal possessions, and avoid the need for restraints. This course also introduces students to basic clinical skills with emphasis placed on procedures most frequently performed in hospice or the hospital.

Prerequisites: None

NA Unit II: Basic Nursing Skills (11 Hours)

In this course students learn to take vital signs including learning about various methods and equipment used to measure cardinal signs, determine height and weight, patient preparation positions, and methods of examination. Students also learn how to care for the residents' environment, recognize abnormal changes in body functioning and the importance of reporting such changes to a supervisor, pain management, and recognizing and reporting pain care of the dying patient/resident.

Prerequisite: NA Unit I

NA Unit III: Personal Care Skills (41.5 Hours)

Unit III of the Nursing Assistant (NA) training program focuses on developing essential personal care skills necessary for providing high-quality care to patients in various healthcare settings. Through a combination of theoretical instruction, hands-on training, and simulated scenarios, students will acquire the knowledge and proficiency needed to assist patients with activities of daily living (ADLs) and maintain their comfort and well-being.

Prerequisite: NA Units I & II

NA Unit IV: Mental Health & Social Services (2.5 Hours)

Unit IV of the Nursing Assistant Curriculum provides students with the knowledge and skills necessary to address the mental health and social service needs of patients within the healthcare setting. This unit focuses on understanding the complexities of mental health conditions, promoting emotional well-being, and providing compassionate care to individuals with diverse social backgrounds. Students will delve into various aspects of mental health and social services, gaining insight into the unique challenges faced by patients dealing with psychiatric disorders, cognitive impairments, and social isolation.

Emphasis will be placed on developing empathy, communication skills, and culturally sensitive care practices.

Prerequisite: NA Units I through III

NA Unit V: Care of Residents with Special Needs (7 Hours)

Unit V of the Nursing Assistant Curriculum focuses on providing students with the specialized knowledge and skills required to deliver compassionate and effective care to residents with cognitive impairments. This unit emphasizes understanding the unique needs and challenges faced by individuals with cognitive disorders such as dementia and Alzheimer's disease and equips students with strategies to provide person-centered care while promoting residents' dignity and independence. Students will explore various aspects of caring for cognitive impaired residents, including communication techniques, behavior management strategies, and promoting a safe and supportive environment. Through a combination of theoretical learning and hands-on training, students will develop the expertise necessary to excel in this specialized area of healthcare.

Prerequisite: NA Units I through IV

NA Unit VI: Basic Restorative Services (8 Hours)

Unit VI of the Nursing Assistant Curriculum is designed to equip students with the foundational knowledge and skills needed to provide basic restorative services to patients. This unit focuses on supporting patients in maintaining or regaining their independence, mobility, and overall functional abilities through rehabilitative techniques and therapeutic interventions. Students will learn about the principles of restorative care, rehabilitation goals, and the importance of promoting optimal physical and psychological well-being for patients. Through a combination of theoretical instruction and hands-on practice, students will develop proficiency in assisting patients with activities aimed at maintaining or improving their quality of life.

Prerequisite: NA Units I through V

NA Unit VII: Internship in a Residential Health Care Facility (30 Hours)

Upon completion of the NA coursework, students will complete a 30-hour internship program designed to provide experience in the competencies necessary for employment in a hospice or hospital.

Prerequisite: NA Units I through VI